

(別紙)

1. 濃厚接触者

【濃厚接触者とは】

陽性者の感染可能期間内（発症日の2日前から、診断後に隔離開始されるまでの間）に陽性者と接触した者のうち、次の範囲に該当する方を言います。

- 陽性者と同居あるいは長時間の接触（車内、航空機内等を含む）があった場合 等
- 対面で互いに手を伸ばしたら届く距離（1m程度）で、必要な感染予防策（マスク着用等）なしで15分以上（密閉された空間なら15分未満でも）接触した場合
- 適切な感染防護無しに患者（陽性者）を診察、看護若しくは介護していた方
- 患者（陽性者）の気道分泌液もしくは体液等の汚染物質に直接触れた可能性が高い方

（国立感染症研究所「新型コロナウイルス感染症患者に対する積極的疫学調査実施要領」より）

【濃厚接触者の例】

- (1) . マスク着用が、どちらか一方でも不完全な状態（マスク無し、鼻マスク、あごマスク）で15分以上接触した場合で以下のいずれかに該当する者
 - 教室等で手の届く距離（1メートル）で過ごした者
 - 手の届く距離（1メートル）で飲食した者
 - 接近を伴う運動を行った者
 - 陽性者と手の届く距離で接触した者
 - 換気の悪い狭い部室・会議室内で一緒に過ごした者
 - バス・車内や屋外の喫煙所などで一緒に過ごした者
- (2) . マスク着用でも以下の場合には該当します。
 - 狭い換気の悪い環境で長時間過ごした者（車内など）
 - 換気の十分ではない環境での発声を伴う集団での活動などを行った者（例；カラオケ、一部の部活動など）
 - ホテル・合宿所・自宅等などで同じ部屋に宿泊した者

※長時間（目安として1時間以上）

【濃厚接触者とならない例】

- 感染対策が十分に取られている授業、ゼミ等の参加者
- 感染対策が十分に取られている事務室内の職員

Attachment

1. Close Contacts

Who is a 'close contact'?

A 'close contact' refers to an individual with whom you (the person who has tested positive) came into close contact during the period from two days before the onset of illness (or two days before the date of testing if asymptomatic) to the date the positive result was confirmed. Close contacts include:

- Those who live with you or who have been in contact with you (in a car, plane, etc.) for an extended period.
- Those who have spent 15 minutes or more within 1 meter of you without taking preventative measures against infection, such as wearing a mask. (When in enclosed spaces, those who have spent less than 15 minutes with you are also considered a close contact.)
- Those who have examined, nursed, or provided care for you without taking the appropriate preventative measures against infection.
- Those who, in taking care of you, likely came into direct contact with active contaminants, such as airborne droplets and/or bodily fluids.

Source: National Institute of Infectious Diseases. Manual for Active Epidemiological Surveillance of Patients with Novel Coronavirus Infection.

Examples of individuals who are considered close contacts:

(1) . A person is considered a close contact if they spent over 15 minutes within one meter of you in the following situations, even if one of you were wearing a mask:

- One of you was wearing a mask incorrectly (not covering the nose or mouth).
- In a classroom, etc. with you.
- Eating or drinking with you.
- Engaged in physical activity, such as sports, with you.
- In a small, poorly ventilated meeting space with you.
- In a bus, car, shared outdoor smoking area, etc. with you.

(2) . Even if two individuals were both wearing masks, they would be considered close contacts in the following situations.

- Those who have been in an enclosed environment with poor ventilation with you for an extended period (including time spent in a car).
- Those who have engaged socially in largely vocal activities with you in poorly ventilated spaces, such as karaoke or some student club activities.
- Those who live with you or have shared the same overnight accommodations.

※One hour or more is considered 'an extended period'.

Examples of individuals who are not considered close contacts:

- Those who took appropriate preventative measures against infection during classes, seminars, etc.
- Those who took appropriate preventative measures against infection in work spaces.