

To all the students of GSIS (Graduate School of Information Sciences)

Thank you for your cooperation in preventing the spread of the novel coronavirus (COVID-19) infection.

The government has changed the legal status of COVID-19 under the Infectious Diseases Act as of May 8.

What follows are details of how those at Tohoku University should act if they fall ill after May 8.

In terms of basic measures to help prevent the spread of infection, we recommend ventilation, maintaining a distance from other people, avoiding the 3 C's, washing and disinfecting hands, etc. Please continue to take precautions against infection.

1. Those who have tested positive

【Period during which those who are infected are recommended to refrain from going outside】

- Infected individuals should refrain from going outside for five days with the date of onset as Day 0.
- If the individual still displays symptoms on Day 5, they should refrain from going outside until a further 24 hours have passed after their condition has finally improved.
- ※ If the individual is asymptomatic, the date of their sample being collected should be considered Day 0.
- ※ If you have no choice but to go outside during this period, ensure that you have no symptoms and wear a mask while out.

【How should those who become infected act around other people ? 】

- Nonwoven fabric masks should be worn and anyone recently infected should refrain from coming into contact with those at a high risk of becoming gravely ill, such as the elderly during the 10-day period with the date of onset as Day 0.
- If, after 10 days have passed since the onset of symptoms, anyone who has been infected is still displaying signs of being infected, such as coughing and sneezing, they should be considerate to others by, for instance, wearing a mask.

【What should students do about attending the university?】

- In accordance with the School Health and Safety Act, infected students will be suspended from attending the university until five days have passed since the onset of symptoms and

one day has passed since their symptoms have subsided.

- As much as possible, consideration will be given to students with respect to classes, etc. (including regular examinations) during the suspension period. Please consult with the teacher in charge or the appropriate academic affairs office.

2. What individuals should do if someone who lives with them tests positive

- Be especially aware of how you are feeling for the following five days.
- Within seven days, in addition to taking basic measures to help prevent the spread of infection during this period, nonwoven fabric masks should be worn and anyone recently infected should refrain from coming into contact with those at a high risk of becoming gravely ill, such as the elderly.

May 8, 2023

KATO Nei

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