### Warning on alcohol consumption

### Do not drink if you are underage. Do not give alcohol to underage students.

### Do not allow underage students to drink.

Excessive alcohol consumption can damage the brain and liver, lead to sexual dysfunction, and cause psychological harm. Therefore, the drinking of alcohol by underage persons is forbidden by law in Japan.

Adults who fail to prevent someone who they know is underage from drinking alcohol may be charged with a crime.

# 20億未過

## Do not participate in, or allow, coerced drinking (alcohol-related harassment) or chugging/"ikki nomi" (drinking very fast).

Coercing others to drink, or even just encouraging drinking, could result in criminal or civil charges being filed against you. If the drinker dies from alcohol poisoning, you could be charged with manslaughter. Respect the right of others to moderate their own drinking pace.

### If you find a drunk, passed-out person:

- -Do not, under any circumstances, leave them alone.
  Please be responsible and make sure they receive care.
- -Do not leave the person alone, even if they need to use the toilet. Accompany them.
- -When the person returns home, do not allow them to go alone.
- -Loosen clothing to make them comfortable.
- -Cover them with a blanket to prevent them from getting chilled.
- -Turn them on their side to prevent asphyxiation in the event that they vomit.
- -If they vomit, allow them to do so while lying on their side.

If you attempt to drag them into an upright position, the vomit can become lodged in the esophagus causing asphyxiation. Allow them to remain on their side so that the vomit will naturally exit the mouth, preventing asphyxiation.

#### Call an ambulance immediately if:

- -The person's temperature has dropped and their whole body is cold to the touch.
- -The person does not respond, even if you call their name or shake them.
- -They appear to be having trouble breathing.
- -They are snoring very loudly.
- -Foam or large amounts of blood are coming from their mouth.

If they do not respond, even if you call their name or shake them, they may be comatose and in danger of dying. Any hesitation in getting medical attention could result in their death. Call an ambulance immediately.

Ambulances give priority to taking Tohoku University students to Tohoku University Hospital.

Ask the emergency medical team to take the person to Tohoku University Hospital.



